

# The Sarawak Forest Supermarket

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## THE TOPIC

The forest supermarket supplies a wide variety of products. At the Sarawak Forest Supermarket, one is not limited to sourcing foods, drinks and spices. There is a Pharmacy section with a wide range of medicines, a DIY department where one can find construction materials whether one wants to build a house or a boat or make handicrafts. Fuels are available as well as dye stuffs and there is also a section providing for customers who wish to avail themselves of a little help from the spirit world. The Sarawak Forest Supermarket has many branches and they may stock different ranges of products depending on their location. Sadly, trade has dropped off in recent decades. This has happened for various reasons; competition from mass-produced products, stock shortages, marketing issues, quality control etc. Perhaps the most important issue is insufficient information to back potential supermarket products. However, for those with a mind to maximize the blessings bestowed on Sarawak, Sarawak Forest Supermarket is a 'one-of-a-kind' outlet that will repay efforts to support it.

This is part of our natural heritage, and you can learn about the products on the forest supermarket shelf and history of their use with Dr Katharine Pearce.



## THE SPEAKER

Dr Katharine (Kit) Pearce is well known to those working in forestry in Sarawak, where she has been living for over 40 years. She received her PhD from Birmingham University in the UK, and is a consultant for the Sarawak Forest Department in international and local projects on botany, forestry and conservation management, as well as free-lance technical editor. She has lectured at UPM and Universiti Malaya. Her research interest has always been in the useful wild plants of Sarawak.

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**ALL ARE WELCOME. Free for members. A RM10 donation for non-members is suggested. Please register early as there is limited space.**

**Contact us by whatsapp/sms to +6018 988 2343 or email either to**

**[sarawakheritagesociety@gmail.com](mailto:sarawakheritagesociety@gmail.com)**

**6 – 7.30pm (doors open 5:30pm)**

**Wednesday 25<sup>th</sup> September 2019**

**Art Space, 1<sup>st</sup> Floor, Japanese Building,  
Old Courthouse Complex**



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